

Comprehensive Day Services Program



St John's
HOME

The logo for St. John's HOME features a stylized icon above the text. The icon consists of a blue square with a white dot in the center, and a green shape that resembles a house or a checkmark. Below the icon, the words "St John's" are written in a bold, black, sans-serif font, and "HOME" is written in a smaller, blue, sans-serif font below a thin horizontal line.

St. John's Adult Day Services provide participants a sense of belonging in a safe and secure environment. With customization and individual attention only possible in our small, close-knit community, services and amenities are tailored to keep participants comfortable, engaged, and nurtured. Designed for those who continue to live in the community, participants join us for a full day of activities and companionship before returning home.

Individualized Care

St. John's Day Services are delivered in a medical model that can support participants' routine medical needs such as medication delivery, therapy sessions, blood pressure checks, and chronic condition monitoring. Individual care plans are developed by the on-site registered nurse in partnership with family members to promote independence and choice. The medical team, including full-time nurses, certified nursing assistants, a social worker, and a dietician, anticipates needs and develops relationships with participants that foster mutual respect and trust.





Door-to-Door Service

Program participants benefit from the opportunity to leave the isolation of their own homes without concern over how they will arrive at our site on a daily basis. Our dedicated transportation coordinator is responsible for facilitating transport of all participants to and from the program. Individuals in need of physical assistance, including participants that are wheelchair bound, can be accommodated.

Stimulating Social Environment

Our on-staff activities coordinator ensures participants have choice of a full menu of activities and social experiences on a daily basis. A typical day might include field trips to local points of interest, art and crafts, exercise, music and live performances, games and trivia, movies, and other entertainment, just to name a few kinds of activities we offer. Helping our participants “embrace life” is the St. John’s way!



"The staff is excellent. They keep everyone active. Great programs and activities. Excellent care and compassionate hearts."

The Dining Difference

With food prepared on site by our talented chef, participants tell us that meal time is a highlight of the day. Hot, fresh, and served home style, meals create a further sense of community within St. John's Day Services. Provided through the program is a full breakfast for early arrivals, a morning beverage of choice, and a full lunch. Individualized dietary needs are honored with many choices available.



On-Site Perks

Participants and their family members can enjoy a host of perks and amenities available at St. John's Home. Grab an ice cream cone while enjoying tunes from the old-fashioned juke box or take a stroll out into our beautiful courtyard adorned with flower gardens and fountains. Our gift shop is the perfect place to purchase that last minute greeting card or an item for a loved one. Other amenities open to program participants are the barber shop and beauty salon, spiritual care, and our in-house chapel.



"I wish I knew about this program before. Getting out of my apartment is helpful for me!"

Our Philosophy

By fostering companionship, balancing giving with receiving care, and offering variety and spontaneity in daily life, St. John's philosophy is participant-centered and family-driven. We embrace living every day by being friendly, respectful, responsive, compassionate, innovative, and fun. While in our program, participants are encouraged to embrace life "their way."

Begin embracing life your way today!

To schedule a tour call **585-760-1300** or visit **stjohnsliving.org/day-services**.



"They do a wonderful job keeping her health and mind in order."

When Glenn Parker needed help caring for his mother Jeannette, he decided that St. John's Day Services Program was the right fit.

"I had heard they had a competent nursing staff at St. John's, but also heard that they care a lot for the individuals that come there," says Parker. While working evenings and balancing care for his mother with a sibling, the day services program gave him flexibility in his day and an interactive place for his mother to spend hers.

Jeannette has been in the program for more than 10 years now and she enjoys the activities and the food the program offers. "They take time out and really plan what's best for the clients," says Parker. "The staff there, they do a wonderful job keeping her health and mind in order, and that's supportive for her and me as a caregiver."

To read stories from other residents of St. John's Home, go to stjohnsliving.org/shareyourstory.

A Full Spectrum of Senior Services

St. John's provides you with the peace of mind of having access to a full spectrum of senior services. We can assist you at any stage from exploration to short-term care to moving into a new home. And, our support continues even after you become a resident. Should your needs change at any time, we are here to help you make your next transition.

- Senior Housing
- Enhanced Assisted Living Services
- Rehabilitation
- Adult Day Services
- Skilled Nursing
- Alzheimer's/
Dementia Care
- Comfort Care

Explore all that St. John's has to offer.

Embrace life your way today!



stjohnsliving.org

150 Highland Avenue, Rochester, NY 14620 • 585-760-1300